

**AFSM Committee on Healthy Ageing**  
**August 20, 2021**

**Members:** Gloria Coe, Martha Pelaez, Yvette Holder, Marlo Libel, Hernan Rosenberg and Juan Manuel Sotelo

**Purpose:** To support AFSM members to age better, along the lines of the AFSM's mission and to coordinate AFSM participation in the UN Decade of Healthy Aging, a collaborative global effort that continues until 2030.

**Some inspiring topics are part of the Road Map for the Committee:**

- (1) Identify what needs to be done to age better;
- (2) Conduct a situation analysis;
- (3) Identify what AFSM can do on this matter;
- (4) Establish a framework for action based on the situation analysis;
- (5) Monitor what is going on within associations of retirees in WHO, the UN, the World Bank, the IADB, the OAS, among others. Eventually partner with these associations in some of their activities linked to the UN Decade of Ageing;
- (6) Prepare a request/proposal to PAHO for collaboration with a study on PAHO AFSM members, PAHO retirees non-AFSM members, and other groups of retirees in the Americas, to explore what is being done related to the situation of ageing, how it is affecting the ageing populations in the Americas, and possibilities to engage PAHO and PAHO AFSM as active participants in a Universal Health Care;
- (7) Analyze and define forward-looking efforts, like selective interviews and participation of some specialized centers for research in ageing in Latin-American and in the Caribbean.

**Decisions:**

Juan Manuel Sotelo was selected to be the Coordinator of the AFSM Committee on Healthy Ageing, with the support of its members and other AFSM Board members and Country Focal Points.

The Committee has the technical guidance of Dr. Enrique Vega, specialized PAHO expert in this matter, and his staff.

A questionnaire was distributed to AFSM members and other former PAHO/WHO staff.

The Committee has started a working relationship with the Center for Research on Ageing at the Universidad San Martin de Porres in Lima, Peru.

The Committee makes reports in all the AFSM Board and Focal Points meetings.